

Right This Moment

*It's a good
place to
begin. It's
the only
place to
begin.*

Right this moment, this very moment
Life is happening right in front of you
Right this moment, this very moment
Life is changing and everything is new
Right this moment, this very moment
Is the only place you can be
Right this moment, this very moment
Contains every single possibility
Trust yourself to find your way
Take a step out and seize the day

Right this moment, this very moment
Is the point of all your power
Right this moment, this very moment
Could just be your next finest hour
Right this moment, this very moment
Is the heart of the great unknown
Right this moment, this very moment
Is a place of coming home
Be silent, be still
Know the power in you is real

Right this moment your heart is beating
Right this moment the earth is turning
Right this moment the season's changing
Right this moment your soul is yearning to be free.

Right this moment, this very moment
Life is calling you out to play
Right this moment, this very moment
The muses whisper in your ear, saying "Don't delay"
Right this moment, this very moment
Is your time to choose again
Right this moment, this very moment
Is where your new life will begin
The spring is flowing, the sun is shining
This precious moment is so defining

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How Am I Spending My Time

*Living your
dream life means
spending more and
more time doing
the things you love
to do. The first
step to that dream
life is to notice
how you're spend-
ing your time
right now.*

Stuck in traffic or
Watchin' graphic reruns on TV
Talkin' business
Wonderin' is this where I want to be
Eatin' fast food
Hearin' some rude salesman on the phone
Flying on airplanes
Catchin' the night train; sleepin' far from home

Chorus:

With each heartbeat
And every sunrise
A question begs to be answered
Am I foolish or wise?
Is my life really mine?
And how am I, how am I spending my time?

Smiling so stiff
Acting as if I'm happy as can be
But committee meetings and
Black tie evenings ain't my cup of tea
Standing in line
Waiting behind crowds to see a show
Is the latest craze
What's hot these days, worth it, I don't know

Chorus

Bridge:

A lifetime is made up of moments of now
It's over before you know it
Gotta make it count somehow

Chorus

Chorus

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Let Your Dreams Come True

Instead of forcing your dreams to come true, try letting them come through you. Your dreams are inviting you to expand the idea of who you think you are. You desire your dreams as much as your dreams desire you.

Everybody's got a dream that's from their heart
But it's not always easy to know just where to start
You just jump right in to make it begin
You gotta let it come through 'cause it's bigger than you
You gotta let your dreams, let your dreams come true

Everybody's gotta yearning and so do I
Everybody's gotta deep desire inside
So do what you feel till it becomes real
Follow it through; there's no choice but to
Let your dreams, let your dreams come true

Everybody's got what it takes to shine
Everybody's greatest will come in time
What you're about has gotta come out
Do something new that comes straight from you
And let your dreams, let your dreams come true

Everybody's got a dream and this is mine
That everybody finds the googol inside
It starts in the heart and is right where you are
It flows out from you and beckons you to
Let your dreams, let your dreams come true

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On The Verge of Something Great

*Each one of us
possesses the
potential for
greatness. It is
often our great-
est challenge
that is also our
greatest gift and
opportunity for
greatness.*

I've got this feeling growing inside me
Like an acorn bursting through the earth into the sunlight
Headed for the sky, feeling I could fly
With urges that just won't wait
I'm on the verge of something great

I'm like a seedling knowing I'm growing
Into a mighty, strong, wise oak tree
Roots deep underground trunk sturdy and round
It feels like it must be fate
I'm on the verge of something great

There's no song that can't be sung
No job that can't be done
There's no dream that can't come true
No thing that I can't do
There's no place that I can't go
No secret that I can't know
There's no life that I can't make
No world that I can't create 'cause
I'm on the verge of something great

I've got this feeling growing inside me
like an acorn bursting through the earth into the sunlight
Headed for the sky, feeling I could fly
With urges that just won't wait
I'm on the verge of something great

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Lighten Up There Boy

*To really dream,
sometimes you
need to get away
from what you're
doing to gain a
new perspective.
New ideas and
creativity come
from a fun,
relaxed state of
mind.*

You've been working late
Trying to get that job done
You say that's what it takes
But it don't look like much fun
 This weight upon your shoulders
 Is making you much older

Lighten up there boy
You're trying much too hard
Lighten up there boy
Be happy where you are

You're locked within your house
Lost in this Computer Age
You're just like a little mouse
Spinning in your cage
 But life's got so much more in store
 Just open up your door

Lighten up there boy
Come out into the sunshine
Lighten up there boy
Awaken to the divine

You've got your dreams and ideals
And goals that you have set
And the best way to make things real
Is to be now where you choose to get
 Trust what your soul feels and knows
 And let everything else go

Lighten up there boy
Live your life out loud and bold
Lighten up there boy
And just let things unfold

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Will My Dreams Ever Come True

In pursuing any dream, there will be days of disappointment and frustration. Experience it and move on.

A true dream is a desire that comes from deep within you that yearns to express itself, as opposed to a want that is motivated from something outside yourself.

I'm a dreamer by nature
A seeker of truth
But I live in a real world
That demands cold, hard proof
And I'm starting to question my dreams

Am I lost in a world
That nobody else sees?
Can I stand by my vision
When there's no one but me?
Can I trust what my eyes haven't seen?

Chorus

Will my dreams ever come true for me?
Will the light in me shine for the whole world to see?
Will my prayers be answered? Will my hope be renewed?
Will my dreams ever come true?

Where do my dreams come from?
How deep do they go?
Are they what my soul yearns for?
What my spirit knows?
Even if my dreams
Are solid and sound
Can I lift them off the ground?

Bridge

Seems I've had these dreams for years
And each time I discard them they reappear
So maybe it's better I climb up and fall
Than to never try to reach them at all

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It Don't Get Better Than This

Gratitude is a state that is experienced often when living your dream life.

The moonlight on the Rhine
With two friends and some wine
Sitting on castle walls
Letting laughs rise and fall
Saying "It don't get better than this
It don't get better than this"

Lying on the beach
Drifting off into sleep
Awaking as the sun sets
Thinking this is as good as it gets
And it don't get better than this
It don't get better than this

On a boat on the sea
Sailing smooth, sailing free
A cool breeze in our hair
Not a cloud in the air
Well it don't get better than this
It don't get better than this

Hiking in the Rockies
Through a grove of Aspen trees
With my wife and my two girls
Feeling like we're walking on top of the world
It don't get better than this
It don't get better than this

Playing my piano
Singing from my soul
Sharing what is true
And being here with you
It don't get better than this
It don't get better than this

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Wide Open Space

*Give yourself some
room to dream.
Room to think and
be. Start fresh.
Have a new begin-
ning. You can
always begin again.*

**I wrote this song
in Orebrö, Sweden,
a few months before
moving to Santa
Fe, New Mexico—
before I knew it
was called “The
Land of
Enchantment.”*

I've got new plans, I've thrown my old maps out
I'm walking on new land, I'm blazing my own trail now

I've got few things, I've left my bags behind
I'm free to roam and sing to see what my spirit can find

Chorus
There's wide, open space
Room to explore
The farther I go, you know I find
That much more
This wide, open place
Is where I belong
It's a wide, open door to the
Home that I long for

I'm on firm ground as the sun shines down on me
Clear, blue sky abounds as far as my eyes can see

So here is where I start and now is where I am
I follow my heart to uncharted, enchanted* lands

Chorus

When I follow my heart to these spaces inside me
I discover a world that before I couldn't see

Chorus

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Staring at the Stars

*Allow yourself
to really dream
and dream big.
Be open to all
possibilities.*

*This song was
inspired by
looking up into
the star-filled
sky on a warm,
summer night
in Tesuque,
N.M., near
Santa Fe.*

A warm wind blows across my face
Turned up toward the midnight sky
My eyes gaze deep into space
I plant my feet as my mind flies
I stand before possibilities
Staring at the stars tonight

I start to see shapes in the sky
Take on forms and come alive
A shooting star streaks through the night
Like a fleeting spaceship flashing by
I stand before possibilities
Staring at the stars tonight

A million eyes light up the sky
As I watch them from down here
I wonder what it would be like
To see what those eyes see from way up there

I could be blind to think that I
Have seen a sky of fantasy
The dark of night may cloud my eyes
But the light in my heart makes me see
That just maybe someone up there
Is staring at the stars and at me

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What Matters Most

*How would you
"be" and what
would you be
doing if you had
a year to live?
That will help
you discover
what's really
important to
you.
Oftentimes it's
simple things
like being with
friends and
family. This
song was
inspired by the
book "Tuesdays
with Morrie."*

If I only had one year left before I died
I'd take a good, long look at how I'm spending my time
I'd stop with the nonsense the world tells me to do
and start living a life more honest and true
I'd be a host to what matters most, like...

Chorus:

Love and kindness
Family and friends
People near me who will
Be there till the end
Sunshine and children and music and art
All those things I hold so close to my heart

If I only had one month left to live on this earth
I'd embrace it with all my love and rejoice in my rebirth
I'd let go of grudges, forget all regrets
I'd drop my resentments, and place all my bets
on being a host to what matters most

Chorus

If I only had one day left in my life
I'd gather my dear friends, my children and wife
We'd laugh, we'd cry, we'd tell our favorite stories
We'd kiss, we'd hug, we'd bask in all our glory
We'd be a host to what matters most

Chorus

Chorus

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The Hell With It All

*Some days
you just gotta
say "The hell
with it all."*

You're runnin' around just like everyone else
Tryin' your best to keep up
But in this rat race
We all reach a place
When we say "I've had enough"
It's then you gotta...

Chorus:

Jump, shout
And let it all out (You gotta)
Yell "Help!"
Take a break from yourself (You gotta)
Break down and bawl
And let yourself fall
And scream "The hell with it all"

You stand tall again with brand new resolve
Determined to win at this game
You work out each night
And you're eating just right
But that ice cream is calling your name
It's then you gotta...

Chorus

You're back on your feet in pursuit of your dreams
Putting your heart out there first
You meditate
And you visualize great
While you think "Does this crap really work?"
It's then you gotta...

Chorus

Chorus

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It's Never Too Late

*... 'cause dreams
spring eternal
in the heart.*

When we were children we used to dream
Of flying in spaceships to worlds unseen
But somewhere along the line we left our dreams behind
Buried beneath the daily news with its bold headlines
But down deep somewhere
Those dreams are still there

Chorus:

It's never too late to live out a dream
It's never too late to try something new
It's never too late to follow your heart
It's never too late to bring out the best in you

When we were younger we used to trust
Those deep desires inside of us
But day by day we slowly learned
To be somebody else
To dismiss those new ideas
That flowed within ourselves
But a clear, spring still flows
That's all we have to know

Chorus

You can be retired
Or be a family man
You can be a single mom
Doing the best you can
It matters not how old you are
'Cause dreams spring eternal in the heart

Chorus

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